

# Ayush (Ayurveda Yoga Unani Siddha Homoeopathy)

#### Introduction

**Ayurveda** is a branch of alternative medicine. The term 'Ayurveda' stands for Science of life! It is a mode of treatment that is inspired by natural cure for ailments. This science actually originated in India. Its roots can be traced back to the Vedas!

**Yoga** is an age-old art or practice of staying fit mentally and physically by means of exercises as well as mind control practices such as controlled breathing, deep meditation etc. Yoga is a way of life, an art of righteous living or an integrated system for the benefit of the body, mind and inner spirit.

**Unani** (Unanipathy), one of the oldest medical systems in the world owes its origin to Greece. But later many Arab and Persian scholars enriched the system. The theoretical structure of Unani medicine is based on the teachings of Hippocrates who has based his theory on the four humors in the human body namely Blood, phlegm, yellow bile and black bile.

**Siddha System** of Medicine also known as Siddha Vaidya in India is the oldest among the Indian Medical Systems. It is about 10,000 years old. Siddha System of Medicine is considered to be of Dravidian origin and has all its literature in Tamil. The word 'Siddha' comes from 'Siddhi' which means an object to be attained or perfection of heavenly bliss.

**Homeopathy** is the alternative approach in the field of medicine where the treatment of the patient is taken care of by providing highly diluted substances. Homeopathy triggers the patient's natural system of healing the illness. The process is based upon specific symptoms that are shown in each patient differently, and the doctor matches it with that of the most appropriate medicine.



### **Skill Set**

- Keen interest in Biology & Mathematics
- Hardworking
- Good communication skills
- Research And analytical skills
- Computational skills
- Aptitude for life Sciences
- Critical Thinking & Record keeping
- Empathy
- Good Listening Skills
- Willingness To Learn
- Self-Care Skills
- Self-regulation skills
- Relaxation skills
- Imagination & creativity
- Communication & confidence
- Persistence
- Teamwork



### Eligibility

### In Ayurveda

- Must have passed higher secondary school certificate examination after 12 years of schooling with physics, chemistry and biology subjects. Knowledge of Sanskrit is beneficial as it will be required for BAMS
- Any other equivalent course recognized by the Government and State education Board.

### In Yoga, Unani, Homeopathy and Siddha

• The candidate must have passed in the subjects of Physics, Chemistry, Biology and English individually and must have obtained a minimum of 50 percent of marks

## **Top Colleges**

## Shree GulabkunverbaAyurvedMahavidyalaya Jamnagar (Gujarat)

Course: Bachelor of Ayurvedic Medicine and Surgery

Eligibility: 10+2 with PCB

**Admission Mode**: Admission through a central admission committee of Gujarat on the basis of merit at the qualifying examination each year in June - July.

To get admission in BAMS course in our college, the advertisement for the admission will be published by admission committee of Gujarat. Govt. in the newspaper & submit your application according to the advertisement.



### Morarji Desai National Institute of Yoga, New Delhi

Course: B.Sc Yoga

**Eligibility**: Pass in 12th Class of 10+2 pattern of CBSE or equivalent in any Science stream with a minimum aggregate of 50% marks.

**Admission Mode:** The selection will be made on the basis of Entrance Test and the cut off percentage to qualify the exam will be minimum 40 % marks in respect of all the categories including reserve categories.

### National Institute of Homoeopathy, Kolkata

**Course:** Bachelor of Homoeopathic Medicine and Surgery (B.H.M.S)

**Eligibility:** The candidate must have passed in the subjects of Physics, Chemistry, Biology and English individually and must have obtained a minimum of 50 percent of marks

Admission Mode: Entrance exam ( NEET )

## Faculty of Ayurvedic and Unani Medicine Delhi University, New Delhi

**Course :** Bachelor of Unani Medicine and Surgery

Eligibility: 12th pass out with minimum 50% Marks Provided that the student has passed in all

the. Subjects separately

Admission Mode: Entrance exam ( NEET )

## **Government Siddha Medical College, Chennai**

**Course:** Bachelor in Siddha Medicine and Surgery

**Eligibility:** Program is clearing HSC(10+2) or equivalent examination with at least 50% marks in Physics, Chemistry, Biology and English from a recognized board.

Admission Mode: Through Entrance Exam ( NEET )



Online Under Graduate Ayurveda/Siddha/Unani/Homoeopathy Seats Online Allotment process (Online Counseling)

#### For 15% AIQ SEATS

All the NEET Under Graduate (BAMS/BSMS/BUMS/BHMS) aspirant candidates are hereby informed that Counseling for All India Quota seats including Government, Government Aided, Private/ Deemed Universities/Central Universities/National Institutes for the Under graduate session , will be conducted by AYUSH Admissions Central Counseling Committee(AACCC), Ministry of AYUSH, Government of India.

#### **FOR STATE QUOTA SEATS**

All the NEET Undergraduate (BAMS/BSMS/BUMS/BHMS) aspirant candidates are hereby informed that counselling for 85% SEATS Are Conducted by Respective State Government for Particular State.

For Example-

#### Haryana

Haryana Ayush NEET Counselling 2019: The Haryana State Ayush Counselling is organized by the Shri Krishna Ayush University Kurukshetra. Admission in Ayush Courses (BAMS/BHMS/BYNS/BUMS) is based on NEET Scorecard and only NEET qualified candidates can apply or participate for Haryana Ayush NEET Counselling 2019.

#### **Himachal Pradesh**

(85 % State Quota):- The candidates should be a bonafide resident of Himachal Pradesh/Domicile and should possess minimum educational criteria as prescribed in the prospectus. For state quota seats, the candidates who have qualified the NEET-UG will only be eligible to apply online by using University website www.admissions.hpushimla.in for



BAMS/BHMS Courses through the Centralized Counselling to be conducted by the University. For this purpose, a Centralized 12 Counselling Committee shall be constituted by the Director Ayurveda, Himachal Pradesh, Shimla-9.

#### Uttarakhand

Candidates who are Domicile/Permanent residents of Uttarakhand or have passed both High school (10th) and Intermediate (10+2) or equivalent examination from a recognized educational institution situated in the State of Uttarakhand.

**OR** Candidates who are not Domicile/Permanent residents of Uttarakhand but have passed both High school (10th) and Intermediate (10+2) or equivalent examination from a recognized

Educational institutions situated in the State of Uttarakhand shall also be eligible, but they will not be entitled for any type of reservation.

**OR** Candidates who are Domicile/Permanent residents of Uttarakhand but have passed High school (10th) and/or Intermediate (10+2) or equivalent examination from a recognized educational institutions situated outside the State of Uttarakhand shall also be eligible.

### **List of State wise Colleges**

Name of the College	State	Courses	Duration
<ul> <li>Param Himalaya         Homeopathic College     </li> <li>PatanjaliAyurvedic         College     </li> <li>Uttaranchal         Ayurvedic College     </li> </ul>	Uttrakhand	BAMS , BHMS AND BUMS	5 Years and 6 Month
			4 Years ( BUMS )
<ul> <li>Abhilashi University ,         Mandi</li> <li>Rajiv Gandhi Govt. PG         Ayurvedic College ,         Kangra</li> <li>Himachal Pradesh</li> </ul>	Himachal	BAMS , BHMS AND BUMS	5 Years and 6 Month



University • Sri Ram College of Yoga Education, Chamba			4 Years (BUMS )
<ul> <li>Shri Krishna Govt.</li> </ul>	Haryana	BAMS, BSMS,	5 Years and 6
Ayurvedic College,		BHMS AND BUMS	Month
Kurukshetra			
<ul> <li>Maru Singh Memorial</li> </ul>			
Instiute of Ayurveda			
BhagatPhool Singh			
MahilaVishwavidyalay			4 Years (BUMS)
a , KhanpurKalan ,			
Sonepat			
<ul> <li>Faculty of Indian</li> </ul>			
Medicine , SGT			
Budhera , Gurugram			

### **AYUSH Under Graduate Seats Allotment**

Rank { 7643 – 844693 }

## **Job Prospects**

## **Ayurveda**

- Government jobs in Hospitals Dispensaries(state,Central,local)
- Academic(Teaching at U.G./PG institutions)
- Research(Central, state, private Institutions)
- Management and administration(Govt and private)
- Drug manufacturing (Govt , Private, autonomous , cooperative)
- Drug control (State & Central Govt )



- Clinical Trials(Pharmaceuticals)
- Government and private Hospitals
- NRHM
- Medical Tourism
- Ayurveda Speciality Centres ( Panchakarma , Ksharsutra , Netra )
- National Ayush Mission

### Homeopathy

- Medical Officer or a Doctor
- Homeopathic pharmacy
- Dermatology
- Psychiatry or infertility.
- Medical colleges and training institutes as teachers
- Research institutes as researchers

### Unani

- Government jobs in Hospitals, Dispensaries (State/Central/Local)
- Nursing homes/Clinics/Health departments
- Unani Medical colleges/ Academic jobs (Teaching in U.G./PG institutions)
- Research institutes and medical colleges as research officers (Scientist)/ Researchers)
- Private practice/self employment



- Research establishments (Central, State, Private Institutions)
- Drug manufacturing Units (Government, Private, Autonomous, Cooperative sectors)
- Drug control Sector (State and Central Government)
- Clinical Trials Laboratories (Pharmaceuticals)
- National Health Mission (NHM)
- Medical Tourism

#### Siddha

- Various Government and Private Hospitals
- Clinics
- Nursing homes
- Health Department
- Medical colleges
- Drug Research institutes
- Pharmaceutical industries

## Yoga

- Research Officer- Yoga and Naturopathy.
- Yoga Aerobic Instructor.
- Assistant Ayurvedic Doctor.
- Clinical Psychologist.
- Yoga Therpaist.
- Yoga Instructor.



- Yoga Teacher.
- Therapists and Naturopaths

**Disclaimer:** The information provided here is best to our knowledge. It is highly recommended that you should cross-check the source of information through the specific Colleges and Institutes. Career Prabhu (Career Prabhu Pvt Ltd) is in no way responsible for the decisions made solely on the basis of this document.